Advice Idea's

Best value

Most impactful

Habit creation
Help users create a habit out of using the app by associating existing habits with the use of the app.

More info button
Add in a button that guides the people towards the information about everything they need to know about their situation

Style guide
You can change a lot in terms of style in the app in order to indicate things more clearly. This can be done with the help of a style guide

BEGINNEN

Information about their condition
Having information about their condition in the app helps the users to get a better understanding about their situation

Streaks
By adding streaks with rewards you can stimulate the person to continue using the app to achieve more rewards

Stimulating with positive feedback
By giving the people positive feedback on their process they are more likely to continue using the app and improve their condition
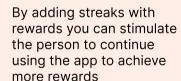
Progress tracking
Having a way to track your progress you can give people a positive feeling of how well their doing.

Calendar
By adding in a calendar the user be informed better on what they have to achieve for that day

Chat bot
The chatbot would allow easy questions to be answered quickly without making people wait